



Living from the Liturgy

A Guide for your Christian Life between Sundays

The Fifth Sunday in Lent
March 22 – March 28, 2026

Jesus declares the us to be children of our father the devil. We are his children because we believe the lie that he tells us, and that lie is not that there is no God, but that God is not good. It is often hard for us to believe in the goodness of God when there is so much tragedy in life, and He commands so much that we cannot understand, yet the goodness of God is revealed in His Son, and in the cross.

AN ORDER FOR DAILY MEDITATION AND PRAYER

Read the Scriptures appointed for the day, review the readings from Sunday, and learn by heart the appointed verse and portion of the Small Catechism. Conclude with the Psalms, the Collect, and the prayers, using the guidelines as you see appropriate.

DAILY READINGS

Sun., March 22	Psalm 129	Ex. 1:1-22	Mark 14:12-31
Mon., March 23	Psalm 31:9-14	Ex. 2:1-22	Mark 14:32-52
Tues., March 24	Psalm 39:1-7	Ex. 2:23—3:22	Mark 14:53-72
Wed., March 25	Psalm 18:6-7, 16-20	Ex. 4:1-18	Mark 15:1-15
Thurs., March 26	Psalm 69:33-36	Ex. 4:19-31	Mark 15:16-32
Fri., March 27	Psalm 22:1-5	Ex. 5:1—6:1	Mark 15:33-47
Sat., March 28	Psalm 78:52-55	Ex. 7:1-25	Mark 16:1-20

A LOOK BACK TO THE LITURGY – MARCH 22, 2026

Theme: God reveals His goodness to us through the sign of the cross.

Hymn: 438, “A Lamb Goes Uncomplaining Forth”

Summary of Readings:

Genesis 22:1-14: Abraham binds Isaac his son and ascends Mount Moriah to offer him as a sacrifice to God.

Hebrews 9:11-15: Christ, having become our High Priest and final sacrifice is now the mediator between God and humanity

John 8:43-59: Christ speaks of those born in sin, of their father Satan, and of Himself, who has come to reveal the will and truth of God

MEMORY VERSE TO LEARN BY HEART:

Ephesians 4:32: “Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.”

THE CATECHISM — THE LORD’S PRAYER: FIFTH PETITION

(Important! If you have memorized a different translation in confirmation, it is best to pull out your old catechism and refresh your memory from those texts.)

And forgive us our trespasses as we forgive those who trespass against us.

What does this mean? We pray in this petition that our Father in heaven would not look at our sins, or deny our prayer because of them. We are neither worthy of the things for which we pray, nor have we deserved them, but we ask that He would give them all to us by grace, for we daily sin much and surely deserve nothing but punishment. So we too will sincerely forgive and gladly do good to those who sin against us.

PSALM OF THE WEEK: PSALM 43 (ESV)

Meditate on this Psalm every day when you pray, and use it as the starting place for your own prayer:

¹Vindicate me, O God, and defend my cause against an ungodly people, from the deceitful and unjust man deliver me! ²For you are the God in whom I take refuge; why have you rejected me? Why do I go about mourning because of the oppression of the enemy? ³Send out your light and your truth; let them lead me; let them bring me to your holy hill and to your dwelling! ⁴Then I will go to the altar of God, to God my exceeding joy, and I will praise you with the lyre, O God, my God. ⁵Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God.

LUTHER’S PRAYER ON PSALM 43¹:

O Lord, God of the afflicted and of all who are suffering wrongfully, have compassion upon those tempted by Satan and persecuted by the world. Comfort and strengthen both them and us by Your Word and Spirit, uphold us, and finally deliver us from all evil and receive us into the everlasting kingdom of our Lord Jesus Christ. Amen.

COLLECT FOR THE FIFTH SUNDAY IN LENT:

Almighty God, Judge of all the earth, who did not spare Your own Son but delivered Him up for us all: Grant that we, who by nature deserve condemnation, may be found righteous through His suffering and death; through Jesus Christ, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

¹ Reading the Psalms with Luther, CPH, 2007

DAILY THEMES FOR PRAYER – (From LSB page 294)

Sunday: Pray for the joy of the resurrection among us; for the fruit of faith nourished by the Word and Sacraments.

Monday: Pray for faith to live in the promises of Holy Baptism; for one's calling and daily work; for the unemployed; for the salvation and well-being of our neighbors; for schools, colleges, and seminaries; for good government and for peace.

Tuesday: Pray for deliverance against temptation and evil; for the addicted and despairing, the tortured and oppressed; for those struggling with besetting sins.

Wednesday: Pray for marriage and family, that husbands and wives, parents and children live in ordered harmony according to the Word of God; for parents who must raise children alone; for our communities and neighborhoods.

Thursday: Pray for the Church and her pastors; for teachers, deacons, deaconesses, and other church workers; for missionaries and for all who serve the Church; for fruitful and salutary use of the blessed sacrament of Christ's body and blood.

Friday: Pray for the preaching of the holy cross of our Lord Jesus Christ and for the spread of His knowledge throughout the whole world; for the persecuted and oppressed; for the sick and dying.

Saturday: Pray for faithfulness to the end; for the renewal of those who are withering in the faith or have fallen away; for receptive hearts and minds to God's Word on the Lord's Day; for pastors and people as they prepare to administer and receive Christ's holy gifts.

IN OUR PRAYERS AT CHRIST:

Prayer Family: *Steve Jeffcoat* and his loved ones

The Family of Jimmy Blunt, friend of the Pedersens, who has entered eternal rest

Merina Hansen, who continues to heal from a fractured shoulder

Family of Dorothy Snyder, Beulah Nunnery's sister, who has entered eternal rest

THE LORD'S PRAYER

LUTHER'S MORNING OR EVENING PRAYER

I thank you, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.